

CV NICOLETTA CAPPELLO

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LANGUAGES Native Italian / Spanish Bilingual / English C1, IELTS 8.5 / German B1, Test Daf

UNIVERSITY EDUCATION

- 2022-2025, **PhD in Arts and Education (*Doctor cum laude and excellence mention*)** Interdisciplinary Doctoral Program at University of Girona (ES), in joint supervision and double title with Education Department of University of Catania (IT).
- 2022-2023, **Visiting Researcher** in the Doctoral Programme for **Artistic Research in Performing Arts** at Tutke, University of Arts Helsinki.
- 2017- 2018, **MA Degree in Theatre and Performing Arts** at Complutense University of Madrid
- 2015-2016, Erasmus in **Physical Theatre Artist Diploma** at **Folkwang University of Arts** (FUdK) Essen (DE)
- 2012-2016, **Bachelor Degree in Acting in Physical Theatre** at **Real Escuela Superior de Arte Dramático** (RESAD) Madrid (ES)- including Official Teaching Qualification in Performing Arts at Higher Education Level, in Spanish Public System.

DOCTORAL TRAINING IN ARTISTIC RESEARCH

- 2022-2023, **Physical Training and Somatic Practices in the Performing Arts** (4 credits), Doctoral Level, UniArts Helsinki
- 2022-2023, **Artistic and Embodied Methods and Practicum** (6 credits), Doctoral Level, UniArts Helsinki
- 2022-2023, **Artistic and Embodied Research Seminar** (2 credits), Doctoral Level, UniArts Helsinki
- 2022-2023, **Writing as Artistic Research Practice**, (4 credits), Doctoral Level, University of Arts Helsinki
- 2023, **Informatics for Research** (6 credits), Doctoral Level, University of Catania
- 2023, **Academic English** (6 Credits), Doctoral Level, University of Catania
- 2022, **Methods and Methodologies of Research in Social Sciences** (9 credits), Doctoral Level, University of Catania

OTHER MA LEVEL UNIVERSITY STUDIES

- 2022-2023, **Developing an Artistic Research Project** (13 Credits), MA Level, Stockholm University of the Arts Helsinki
- 2022, **Spectator Oriented Performance** (5 Credits), Master Level, UniArts Helsinki
- 2022, **Directing in Performing Arts**, (7,50 Credits), Master Level, Stockholm UniArts
- 2022, **Dance and Philosophy**, (7 Credits), Master, Level Stockholm University of the Arts

PUBLICATIONS

Q1 Articles

Cappello, N., Cañabate, D., (under review) What Bodies Can Teach: Movement based Performing Arts as Embodied Transformative Learning in Secondary Teacher Training. *Research in Drama Education: The Journal of Applied Theatre and Performance.* (Journal Article, Q1)

Cappello, N., Cañabate, D., (in press) “Future Teaching”: Connecting Bodily and Radical Imagination in Arts-based Embodied Pedagogies towards Designing Creative Solutions for Futures in Teacher Education as Epistemic Activism. *Arts and Humanities in Higher Education. Special Issue: "Playing with Futures: Imagining and designing utopias in higher Education"* (Journal Article, Q1)

Cappello, N., and Cañabate, D., (2025) Teaching Bodies: Movement-based Performing Arts as an Approach to Embodied Education in Secondary Teacher Training. *Teachers and Teaching.* (Journal Article, Q1)

Cappello, N., Cañabate, D., (2025) Creative Embodied Learning about Different Identities. *Thinking Skills and Creativity.* (Journal Article, Q1)

Cappello, N., Rodríguez, D., Esther, H., Cañabate, D., (2025) Writing in Movement: Movement-based Performing Arts for Developing Physical Education Teachers’ Identity. *Retos. Nuevas Tendencias en Educación Física Deporte y Recreación.* (Journal Article, Q1)

Cappello, N., Rodríguez, D., Boj, C., Cañabate D., (2024) “Radio.Me”: Physical Education through physical theatre promote adolescent mental health, *Retos: nuevas tendencias en educación física, deporte y recreación.* (Journal Article, Q1)

Cappello, N., Aanttila E., Cañabate D., (2024) Movement-based Performing Arts as Embodied Transformative Learning, *IJEA- International Journal of Education and the Arts.* (Journal Article, Q1)

Others

Cappello, N. (in press). **Stato Vegetale: creating the soundscape** in Himali Khotari (Ed.) *The CSPA Quarterly* of the Center for Sustainable Practices in the Arts (Essay)

Cappello, N. (2024). **Los Real Games (Juegos de Verdad): un análisis y propuesta de método para crear danza interactiva para contextos domésticos.** *Telondefondo. Revista De Teoría Y Crítica Teatral,* (40). <https://doi.org/10.34096/tdf.n40.15817>

Cappello, N. (2023) **Una estética Rock pautada por la realidad.** In M. Del Hoyo, J. M., Teira, J. Martínez Valderas (a cura di), *La mirada creadora ante la escenificación,* ADE Editorial. (Chapter)

Daher L., Mavica, G., Scieri, A., Cappello, N., (2023) **“Immaginare, esprimersi, opporsi. La creatività dei giovani nell’azione collettiva”** [“Imagine, Express, Resist: Youth Creativity in Collective Action”] In S. Leone, M. Della Mura (eds.), *Creare società. Approcci e contesti di youth work e agire creativo* (Chapter)

Cappello, N., (2021) **Stato Vegetale- experimento en cuatro fases,** *Acotaciones RESAD Research Journal in Theatre and Theatrical Creation* n.47: Theatre in Times of Crisis. (Journal Article, Q1)

Cappello, N., (2021) **Stato Vegetale – performance for you and a plant**” in *ANIDA Journal of Art and School*. (Essay- Performative publication)

Cappello, N., (2018) **nSicilia: movimiento en lugar limitado** in *Acotaciones RESAD, Journal of Research in Theatre and Theatrical Creation*. n. 41: Theatre and Feminisms. (Journal Article, Q3)

CONFERENCE PRESENTATIONS

Cappello, N., Cañabate, D., Daher L., 2024, title: "Training the Teachers: Radical and Kinesthetic Imagination in Artistic and Embodied Methods for Educational Research", 8th International **Conference on Artistic Research and Arts-based Research of Girona** (ES).

Cappello, N., Hernández, E., Rodríguez, D., Daher L., Cañabate, D., 2024, title: “Performing Arts in Motion: Bodily Imagination for Developing the Professional Identity of the Future Physical Education Teachers” presented at the 8th International **Conference in Artistic Research and Arts-based Research**, 20-22 November, Girona, Spain (ES).

Cappello, N., Cañabate, D., Daher L., 2024, title: "Teaching Bodies: Movement-Based Performing Arts as Embodied Teaching and Learning in Secondary Teacher Training" presented at the **1st International Conference on Embodied Education**, Aarhus Copenhagen (DK)

Cappello, N., Cañabate, D., Daher L., 2024, title: “Bodily Imagination in Educational Research: Embodied and Experimental Methods from Movement-Based Performing Arts” presented at **18th International Technology, Education and Development Conference**. 4-6 March, 2024. Valencia (ES)

Cappello, N., 2024, title: “The Real Games: Intermedia, Hybrid and Interactive Movement-Based Performing Arts as an Approach to Embodied Learning” presented at **18th International Technology, Education and Development Conference**. 4-6 March, 2024. Valencia, Spain. (ES)

Cappello, N., 2024, title: 'The Real Games: performance games for everyday life' presented at the 1st International Congress **Intermedial Stage: Immersivity, interactivity and technology in the 21st Century**. 29-30 January. Madrid, Spain. Organized by Theatre Institute Madrid (ITEM), University Complutense.

Cappello, N., Anttila, E., Cañabate, D., 2023, title: "My Body is A Classroom: Movement-Based Performing Arts as Embodied Learning in Secondary School Classroom" presented 16th annual **International Conference of Education, Research and Innovation**, Seville (ES).

Cappello, N., Nilson, J., 2023, title: "Embodied Learning and Theatrical Tools for Bilingual Classrooms + Podcasting" presented at XXVII UCETAM International Conference on Bilingual Education, Aranjuez (ES).

2023, Exposition, title: “**The Real Games**” presentation of research project to peers at the Doctoral Programme in Artistic Research in Performing Arts. **Theatre Academy Research Institute**. University of the Arts Helsinki. (FI) organized by Vincent Roumagnac.

2023, Research Seminar, title: “**What a Body Can Teach**” presentation of ongoing doctoral research to peers at the Doctoral Programme in Artistic Research in Performing Arts. **Theatre Academy Research Institute**. University of the Arts Helsinki (FI) organized by Leena Rouhiainen.

Cappello, N. 2022, title: "Participatory Arts-Based Educational Research and Epistemic Justice". Presented at Italian Society for Educational Research (SIREF) Summer School "**Participatory Research and Systemic Education**", (IT) (online).

Cappello, N., (2021) *Stato Vegetale – performance for you and a plant* Public activation of art-educational tool, *ANIDA Journal of Art and School*. **PLANEA, Art and School Network**, (ES) online.

Cappello N., 2022, title: "Arts-based Methodologies and Epistemic Justice: *Stato vegetale*'s Case Study." Presented at International Sociological Association (ISA) RC48 Mid-Term Conference '**Reinventing the future: addressing social movement challenges in a post-pandemic world**'.

Cappello, N., 2018, title: "nSicilia: movement in a limited place" presented at the V Symposium on Theater and Feminism of the Royal School of Dramatic Art of Madrid (ES).

TEACHING AT UNIVERSITY LEVEL

2023-2024 and 2024-2025, Lecturer in *Acting* in the Degree in Acting in Physical Theatre of Movement Department at **RESAD-Real Escuela Superior de Arte Dramático de Madrid**. (Bachelor and Masters' Level)

19.12.2024, Invited Lecturer "**Embodied and Artistic Research in the Performing Arts**" as a part of the Research module of "Theory of Acting" subject of the 4th year of the Degree in Acting in Physical Theatre. Organizes Regina Ferrando, Teacher in the Acting Area of the Movement Department of Real Escuela Superior de Arte Dramático de Madrid (RESAD). (3H) (Bachelor and Master Level)

2020, Masterclass in Physical Use of Voice through Creative Movement in University Teaching. **University Francisco de Vitoria Madrid (ES)**, Institute of Teaching Innovation, (Research Level)

2019, **University Complutense Madrid (ES)**, Master of Theatre and Performing Arts: Masterclass "Building Atmospheres", Movement techniques for devising and staging performance"

2018, **University of Bologna (IT)**, Bachelor of the School of Languages, Seminar "*Translating gestures: movement based performing techniques applied to translation*"

ART AND EDUCATION PROJECTS (Concept, Design, Coordination, Facilitation)

1.1.2026- 30.6.2026, "**Amor sin control**" (**Love without Control**), Performing Arts Educational Project to prevent gender violence in Secondary Schools context. Funded by Ministry of Gender Equality. (ES) (54H)

1.6.2025- 30.7.2025, "**Cerco un centro**" (**Looking for a Centre**), Performing Arts Course in Public Spaces of Ragusa City Centre, Culture Moves Europe, in collaboration with Ass. L'Argent. (40 days)

20.1.2024-6.6.2024, "**Arte di Ogni Genere**" (**Art of Every Gender**) Physical Theatre Course for Preventing Gender Violence in Secondary Schools, funded by Sicilian Region. (90H)

2024, **Corso di Teatro Fisico per Adolescenti con disabilità (Physical Theatre Course in Acting for adolescents with disability)**, ANFFAS, Ragusa (IT). (8H)

3.5.2024 -14.5.2024, "**Performance Devising and Teaching Identities of Physical Education Teachers**" Teacher Training Program activated by **Chair of Movement and Language of University of Girona** during the first semester of the 2023-2024 academic year. (12,30 H)

5.2.2024-5.3.2024, "**Mi cuerpo es un aula**" (My Body is a Classroom) (0390) (1,2 ECTS) Teacher training activated by **Centro Territorial de Innovación y Formación of Madrid-Sur** (Territorial Centre for Innovation and Training) in the Community of Madrid (ES). (12H)

25.3.2024-27.3.2024, "**Il mio corpo è un aula**" (My Body is a Classroom) Teacher Training in Theater Devising to Educate Through the "Body, Experience and Emotion" (12H), organized by **CGIL (The Italian General Confederation of Labour)** in Ragusa (IT).

2023, "**Radio.ME**" **Summer Workshop for Teachers**" on performative writing, the body and diverse identities. Designed with El Público. Impulsed by **PLANEA –Art and School Network** (ES) with the coordination of Permea and CCCC

2023, "**My Body is a Classroom**" Movement-based performing arts as embodied learning and pedagogy in secondary school classroom. **Colegio Montserrat, Orcasitas**, Madrid. Coordinated by Universidad de Girona (ES).

2022-2023, "Let's Get Physical- An Introduction to Movement Based Performing and Performance Art", course for artists, **ECC- European Cultural Center for Performance Art** (online).

2022, "**Days of Performing Arts, Radio Creation and Educational innovation**", Teacher training for secondary school teachers in creative writing through bodily methods. Benicassim (ES). Designed with El Público. Impulsed by PLANEA –Art and School Network (ES) with Permea and CCCC.

2022, "**Radio.ME**" (2022), Radio-theatre collective creation residency in secondary school about mental health, identity and adolescence. IES Bovalar, Castellón (ES). Designed with El Público. Impulsed by PLANEA (ES) with Permea and CCCC.

2022, "**School of Theatre and Thought**", Theatre workshop with teenagers and children in conditions of educational poverty. Produced by El Público with Youth! wake up!

2020-2022, **Collaborative learning processes** at COOFILM Collaborative Residency for Women Filmmaker, Madrid (ES).

2020-2021, "**Let's get physical**" Weekly Physical Theatre Training, Madrid (ES).

2020-2021, "**Let's get physical**" Weekly Physical Theatre Training, online.

2018-2020, "**Gest-Azioni**" Two-year Physical Theatre Program for Teachers and Educators, Casa delle Maschere, Periagogé, Ragusa (IT).

2019, **Professional Training in Acting for adult people with disabilities** at ANFFAS (IT).

ARTISTIC DIRECTOR AND DRAMATURG (selection 2016-2026)

IO VIVO DA SOLA/I LIVE ON MY OWN (2016) community-based performance collaboratively devised with people with disability experiencing housing autonomy. **Funded by ANFFAS Foundation. (IT)** / Direction, facilitation and dramaturgy.

CERCO UN CENTRO / LOOKING FOR A CENTRE (2025) site-specific performance about gentrification and depopulation created with young people living in the urban territory of Ragusa, Sicily, Italy. Produced by Tessere Cultura. **Funded by Culture Moves Europe.** / Direction, and dramaturgy.

LOCURA DE VHIDA / CRAZIEST LIFE (2024) community-based performance about mental health collaboratively devised with women with HIV. Produced by El Público, CESIDA, La Doctora in collaboration with the Spanish **Ministry of Social Development and Agenda 2030**. Presented at Espacio la Pradera (ES) / Direction and dramaturgy.

THE REAL GAMES (2023) sound-based interactive dance performance for domestic environments. Produced by El Público. **Radio Relativa Madrid**.

MUJERES CON V / WOMEN WITH H. (2022) community-based performance collaboratively devised with women with HIV. Produced by El Público, CESIDA and La Doctora in collaboration with Ministry of Social Development and Agenda 2030. Presented at the Spanish **Ministry of Health, Spanish Ministry of Culture** (ES) / Direction and dramaturgy

STATO VEGETALE / VEGETATIVE STATE (2021) virtual interactive performance based on the idea and the action of embodying a house plant. Produced by El Público with the supported by **Teatre Lliure Barcelona**. Premiered at **Teatro de La Abadía Madrid**. / Concept, direction, dramaturgy and production.

DRAMASOFÍA / DRAMASOPHY (2019) interactive performance for a classroom about philosophy and adolescence. Produced by Moveosofia. Premiered at **PimOff Milan**. Presented in **Fabra i Coats Barcelona, Ciutadella Menorca, Festival Presente Futuro Palermo**. / Concept, direction, dramaturgy, performance and production with Kira Anzizu.

SENSELESS REVELATIONS UNDER RANDOM PLANNABLE INFLUENCES (2016)

Site specific-lecture performance about the paradoxes of applying rationalistic mindsets to artistic creation. Produced by **Feldstärke im PACT Zollverein Essen**. / Collective devising with interdisciplinary group of artists.

CRICKET SOUND (2016), solo performance about the bodily movements provoked by thinking. Produced by Folkwang Arts University. Première at **Maschinenhaus Essen**, Selected at **Feldstärke im Pact Zollverein Essen, Short Cut Physical Theater Festival** / Choreography and performance / Outside eye: Mu Yi Kuo.

PALIQUES FEMENINOS/ GIRL'S CHATTERY (2015), choreographic performance about the gestural stereotypes associated that define the female gender. Produced by Amedias and RESAD. Represented at **Russafa Escénica, La Cárcel de Segovia, Matadero Madrid**. / Collective devising and direction.

FUNDING AND SCHOLARSHIPS

2022-2025, Regional Full-funded Doctoral Position at University of Catania (IT) (36 months)

2024-2025, Art and Education Project "Arte di Ogni Genere"- Preventing Gender Violence, funded by Sicilian Region (IT) (12.000 euros)

2022-2023, Erasmus Scholarship between University of Girona and the Doctoral Programme in Artistic Research in Performing Arts at University of the Arts Helsinki (ES) (12 months)

2018-2019, Master Level Erasmus Traineeship between UCM and BLITZ (IT): 3 months 12 CFU

2017-2018, Bachelor Level Erasmus Traineeship between RESAD and Societas Raffallo Sanzion (ES-IT): 6 months

2015-2016, Erasmus exchange at Physical Theatre Department of Folkwang University of the Arts (ES-DE): 9 months and 60 CFU

ARTISTIC AWARDS

for “Cercó un Centro”

2025, Culture Moves Europe– Artistic Research Grant (40 days)

for *Stato Vegetale*

2020 | Grant Award *Carlota Soldevila to Creation* by Teatre Lliure Barcelona

for *Dramasofía*

2019 | Award *Premi Born to Contemporary Creation* by Espai Brossa Menorca

2019 | Finalist in Contemporary Performing Arts Festival “Presente Futuro” Teatro Libero Palermo

2019 | *Creative Business Studio Award* by Impact Hub Madrid

2019 | Residency Award *Premio Citofonare PimOFF* by PimOFF Milan

2018 | Residency Award by Fabra i Coats Barcelona

for *Paliques Femeninos*

2015 | Selection Ni Arte Ni Educación Matadero Madrid

2015 | Finalist at Festival Russafa Escénica Valencia

2015 | Award Galerías by La Cárcel de Segovia

OTHER NON UNIVERSITY- STUDIES

-2021, **Rules of The Game: an introduction to Task-Based Performance Art** at the ECC-European Cultural Centre Performance Art. with **Dr. Katja Hilevaara**, Professor of Live Arts at Goldsmith University London.

-2019, **Storytelling at Mezzrab Amsterdam with Raphael Roldan**, Teaching collaborator of Amsterdam University of the Arts.

-2019, **Psychophysical Training with Philip Zarrilli** Emeritus Professor at Exeter University.

-2018, **Social Theatre** Facilitation Techniques, with **La Rueda Teatro Social** in Madrid.

-2012, 1st Year Acting Course at **Estudio Corazza para el Actor** Madrid

-2010, **Introduction to Acting** Course at **Scuola D’Arte Drammatica Paolo Grassi**

Sara Kane Voice and Movement **Emma Dante** Woman and Tragedy **Chiara Guidi** Voice, **Xavier Leroi** Sculpture and movement, **Familie Flöz** Masque, **Leandro Kees** Partnering, **Mu-yi Kuo** Movement composition, **Merry Conway** Clown, **Nadia Kevan** Alexander Postural Technique, **Thomas Buts** Linklater Voice Technique **Chris Baldwin** Site specific Performance, **Mar Navarro** Lecoq Masque Technique, **Anne Denise** Chor and Movement, **Sol Garre** Checkov Movement Technique **Helena Schinca** Laban Technique and Corporeal Expression **Elisa Turlá** Voicecraft, **Andrés del Bosque**, Buffons Technique **ZAR-Grotowsky** Voice and Movement, **Luigi Musati** Verse